

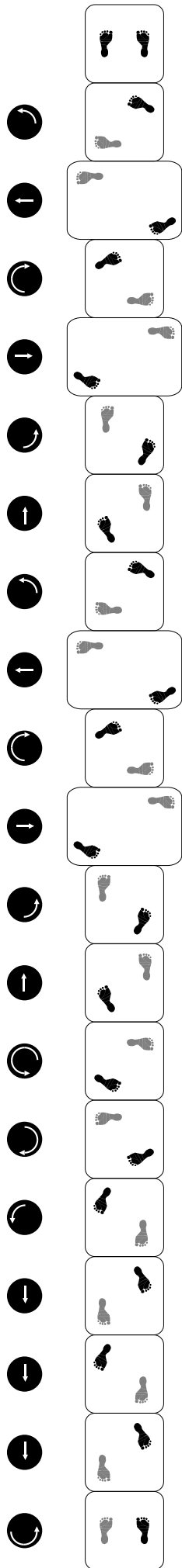


TAEGEUK EE JANG

Second Chapter or Second Traditional Form

Notes:

1. Up is front
2. Move the gray foot, pivot on the black foot



0. Junbe (ready stance) position

1. Turn left 90° into a walking stance and left-hand low block

2. Step forward into a front stance and right-hand punch

3. Turn right 180° into a walking stance and right-hand low block

4. Step forward into a front stance and left-hand punch

5. Turn left 90° into a walking stance and right-hand out-to-in block

6. Step forward into a walking stance and left-hand out-to-in block

7. Turn left 90° into a walking stance and left-hand low block

8. Right-leg snap kick; land in a right-leg front-stance and right-hand punch

9. Turn right 180° into a walking stance and right-hand low block

10. Left-leg snap kick; land in a left-leg front-stance and left-hand punch

11. Turn left 90° into a walking stance and left-hand high block

12. Step forward into a walking stance and right-hand high block

13. Turn left 270° into a walking stance and right-hand out-to-in block

14. Turn right 180° into a walking stance and left-hand out-to-in block

15. Turn left 90° into a walking stance and left-hand low block

16. Right-leg snap kick; land in a right-leg walking stance and right-hand punch

17. Left-leg snap kick; land in a left-leg walking stance and left-hand punch

18. Right-leg snap kick; land in a right-leg walking stance and right-hand punch and ki-hap (yell)!

Turn left 180° into baro (return) position when instructed